Worry
(Being anxious)

1 Sam 9:20 (Samuel tells Saul)
20 But as for your donkeys that were lost three days ago, do not be anxious about them, for they have been found.

Jer 17:7-8 (A Word from the Lord through Jerimiah)
7 "Blessed is the man who trusts in the LORD, And whose hope is the LORD.
8 For he shall be like a tree planted by the waters, Which spreads out its roots by the river, And will not fear when heat comes; But its leaf will be green, And will not be anxious in the year of drought, Nor will cease from yielding fruit.

Matt 6:24-34 (Lesson for disciples)
24 "No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.
25 "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? 26 Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? 27 Which of you by worrying can add one cubit to his stature? 28 So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; 29 and yet I say to you that even Solomon in all his glory was not arrayed like one of these. 30 Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? 31 Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 "For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. 33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you. 34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

Matt 10:5-10 (Sent to practice)
5 These twelve Jesus sent out and commanded them, saying: "Do not go into the way of the Gentiles, and do not enter a city of the Samaritans.
6 But go rather to the lost sheep of the house of Israel.
7 And as you go, preach, saying, 'The kingdom of heaven is at hand.'
8 "Heal the sick, cleanse the lepers, raise the dead, cast out demons. Freely you have received, freely give.
9 Provide neither gold nor silver nor copper in your money belts,
10 nor bag for your journey, nor two tunics, nor sandals, nor staffs; for a worker is worthy of his food.

Luke 22:35 (Result of their practice)
35 And He said to them, "When I sent you without money bag, knapsack, and sandals, did you lack anything?" So they said, "Nothing."

Matt 4:4 (Bread and Word)
4 But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"

Luke 12:23-26 (What does worry gain? And why be anxious?)
23 Life is more than food, and the body is more than clothing.
24 Consider the ravens, for they neither sow nor reap, which have neither storehouse nor barn; and God feeds them. Of how much more value are you than the birds?
25 And which of you by worrying can add one cubit to his stature?
26 If you then are not able to do the least, why are you anxious for the rest?

Tribulation and Afflictions
(We’re told we’ll have them)

John 16:33 (Jesus says be cheerful)
33 These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

Acts 14:21-22 (A requirement)
21 And when they had preached the gospel to that city and made many disciples, they returned to Lystra, Iconium, and Antioch,
22 strengthening the souls of the disciples, exhorting them to continue in the faith, and saying, "We must through many tribulations enter the kingdom of God."

1 Thess 3:1-4 (Paul sends to encourage believers in their afflictions)
Therefore, when we could no longer endure it, we thought it good to be left in Athens alone,
2 and sent Timothy, our brother and minister of God, and our fellow laborer in the gospel of Christ, to establish you and encourage you concerning your faith,
3 that no one should be shaken by these afflictions; for you yourselves know that we are appointed to this.
4 For, in fact, we told you before when we were with you that we would suffer tribulation, just as it happened, and you know.
Phil 4:5-7 (Don’t be anxious, ask God and be at peace)
6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;
7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

James 1:5-8 (Let’s not be double-minded and unstable, but let’s walk in that peace that passes all understanding. Trust Him and not be anxious, or worried.)
5 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.
6 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.
7 For let not that man suppose that he will receive anything from the Lord;
8 he is a double-minded man, unstable in all his ways.